Enlightened Living in Today's World

Illustrations and Diagrams to Accompany the Audio Edition

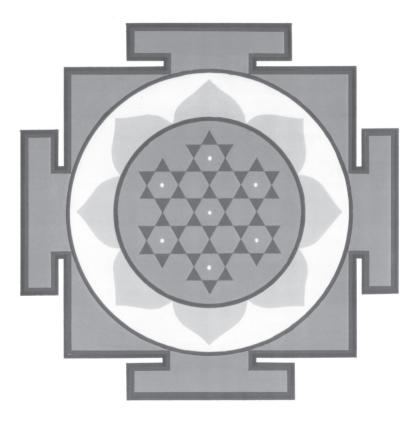


Leslie Temple-Thurston with Brad Laughlin This PDF accompanies the audiobook *The Marriage of Spirit*. It includes all of the book's illustrations and diagrams, as well as a list of recommended books for those who would like to take their research and understanding of the ancient spiritual principles presented here a step further.



ONE

THE STORY OF A RELUCTANT MYSTIC



When by the flood of your tears the inner and the outer have fused into one, you will find Her whom you sought with such anguish, nearer than the nearest, the very breath of life, the very core of every heart.

TWO

THE ALCHEMY OF THE MARRIAGE OF SPIRIT



Because clarity and enlightenment are within your own nature, they are regained without moving an inch.

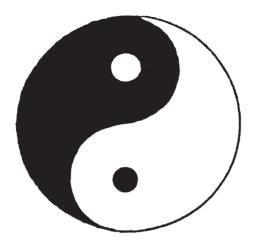


Fig. 2-1. The Taoist yin-yang



Fig. 2-2. Masculine and feminine unity is a Tantric symbol of the unification of opposites.

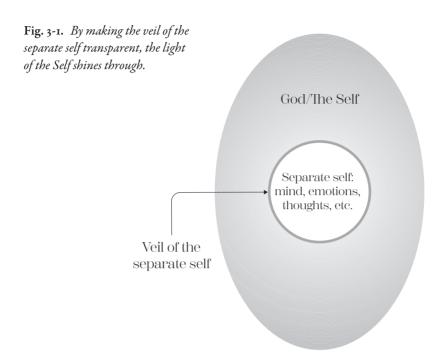
THREE

KNOWING GOD



It is only in the act of contemplation when words and even personality are transcended that the pure state of the Perennial Philosophy can actually be known. The records left by those who have known it in this way make it abundantly clear that all of them, whether Hindu, Buddhist, Hebrew, Taoist, Christian or Muslim, were attempting to describe the same essentially indescribable Fact.

- Aldous Huxley



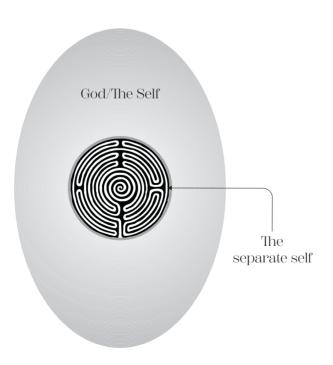
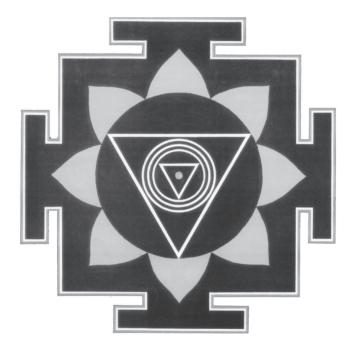


Fig. 3-2.

FOUR

THE NATURE OF THE SEPARATE SELF



People are in bondage because they have not yet removed the idea of ego. How much confusion of thought comes from our interest in self, and from our vanity when thinking, "I am so great", or "I have done this wonderful deed"? The thought of your ego stands between your reason and truth; banish it, and then you will see things as they are. He who thinks correctly will rid himself of ignorance and acquire wisdom.

- The Buddha



Fig. 4-1. The first schism: split between subject-object

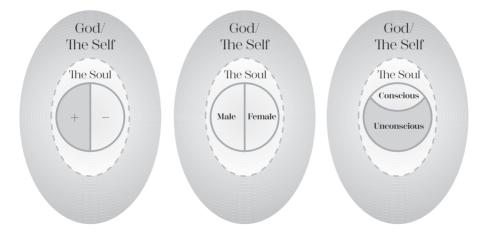


Fig. 4-2. The second schism: split between soul and separate self. (The separate self is depicted as the innermost circle.) Simultaneous schisms happen between negative–positive, feminine–masculine and conscious–unconscious.

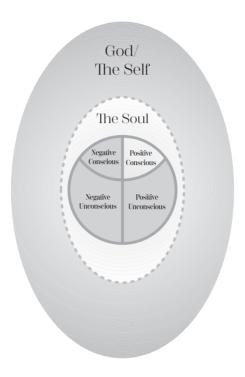
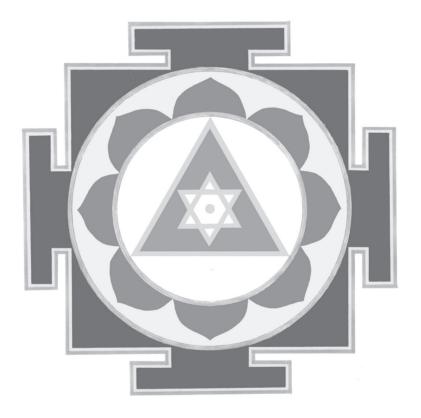


Fig. 4-3. The conscious and unconscious mind.

FIVE

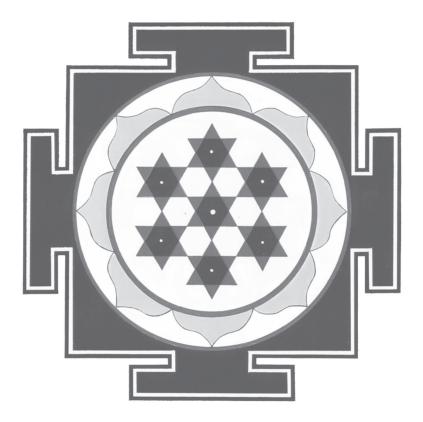
JUDGMENT AND MIRRORS



Judge not, that ye be not judged. (Matthew 7:1)

SIX

THE WITNESS



Yoga is the restricting of the fluctuation of mind stuff ... Then the seer [that is, the Self] abideth in himself.

Positive

Neutral Witness

Fig. 6-1. The neutral witness adopts the position of balance between the two sides of a polarity. It becomes the fulcrum of our awareness field. It is outside the turbulence, turmoil and subjectivity of life.

SEVEN

THE HUMAN IMPRINT



I give you the end of the golden string, Only wind it into a ball, It will lead you in at Heaven's Gate Built in Jerusalem's wall.

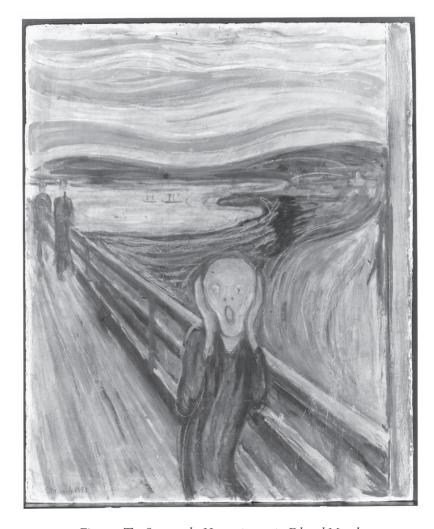


Fig. 7-1. The Scream, by Norwegian artist Edvard Munch.



Fig. 7-2. Theseus and the Minotaur battle in the labyrinth.

INTRODUCTION TO SECTION TWO



I dwell within; I am without. I am before and behind. I am in the south and I am in the north. I am above and I am below. The wave, the foam, the eddy and the bubble are all essentially water. Similarly, the body and ego are really nothing but pure consciousness. Everything is essentially consciousness, purity and joy.

Positive

Neutral Witness

The neutral witness

EIGHT

POLARITIES

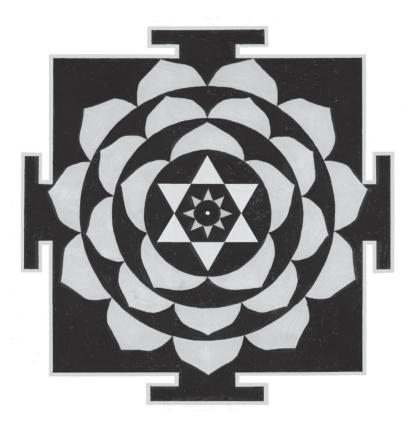


The ego is like a stick that seems to divide the water in two. It makes you feel that you are one and I am another. When the ego disappears (in samadhi) one realizes Brahman as one's own inner consciousness.

– Sri Ramakrishna

NINE

TRIANGLES



The Great Way is not difficult for those who have no preferences. When love and hate are both absent everything becomes clear and undisguised. Make the smallest distinction, however, and heaven and earth are set infinitely apart.

- Sengtsan, Third Zen Patriarch

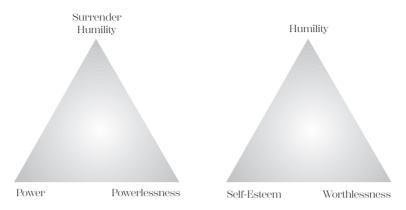


Fig. 9-1. Fig. 9-2

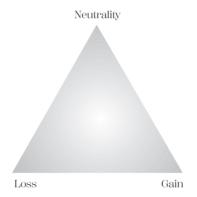
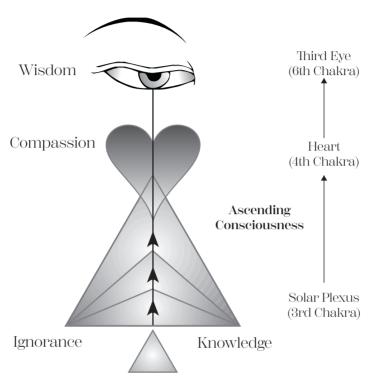


Fig. 9-3.



Fig. 9-4. Fig. 9-5

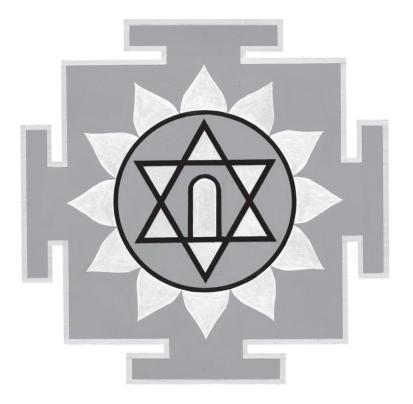


Fulcrum (The Neutral Observer)

Fig. 9-6.

TEN

SQUARES



Pain and happiness are simply conditions of the ego. Forget the ego.

Desire to be in control	Fear of being in control	Desire to	Fear of
Desire to be out of control	Fear of being out of control	Desire to	Fear of

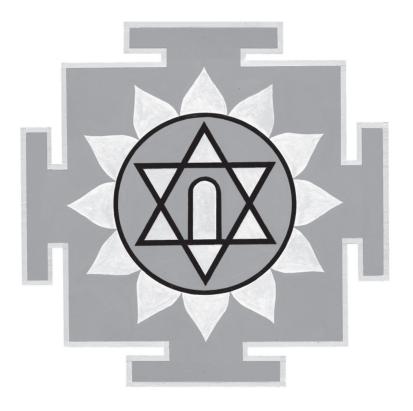
Fig. 10-1. Fig. 10-2.

Desire	Fear of
to be a	being a
victim	victim
Desire	Fear of
to be a	being a
tyrant	tyrant

Fig. 10-3

ELEVEN

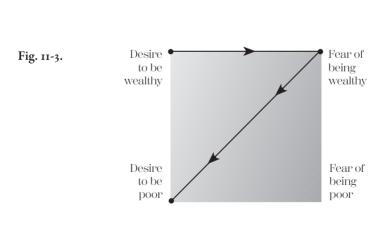
THE DEEPER POWER OF PROCESSING



As soon as you concern yourself with the "good" and "bad" of your fellows, you create an opening in your heart for [separation] to enter. Testing, competing with, and criticizing others weaken and defeat you.







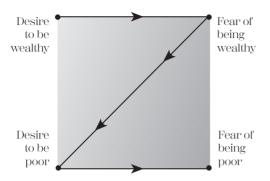


Fig. 11-4.

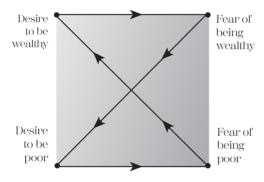


Fig. 11-5.

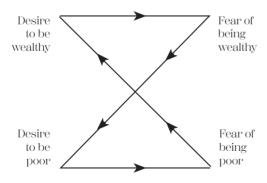
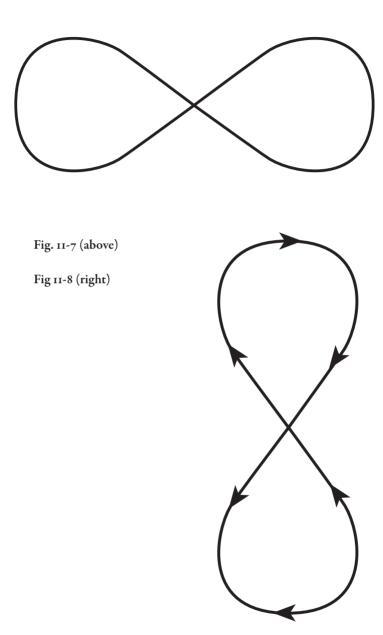


Fig. 11-6.



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